

ALTERNATIVE LEARNING ENVIRONMENT

Including the

EMPOWER-U

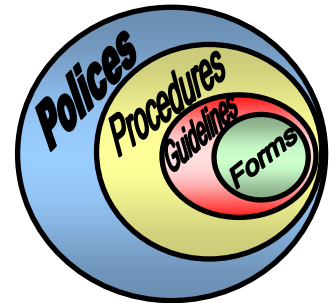


CONTENT BY DAYS

Day 1:

ALTERNATIVE LEARNING ENVIRONMENT (TtT) - *A Level System*

- How to Utilize a Level System
 - HOW DOES A LEVEL SYSTEM WORK?
 - IS MOVEMENT UPWARD ONLY?
 - WHAT ARE THE ADVANTAGES OF A LEVEL SYSTEM?
 - WHAT WILL THE LEVEL SYSTEM DO FOR US?
 - WHAT DO WE NEED TO GET STARTED?
- Tools for the Development of a Level System



Day 2:

Anger Management/De-escalation “AMD”- (TtT)

Huan Ju, the Art of Redirection

- Controlling Anger - *Before It Controls You*
 - ANGER MANAGEMENT, SELF CONTROL & MORE
- How to prevent it
 - ANGER INTERRUPTION METHODS & MORE
- Intervention To Classroom Anger
 - POWER STRUGGLES, HOW TO BREAK UP A FIGHT
 - REDIRECTION & MORE
- Correction – *Restoring Control*
 - CONSISTENCY, REPORTING & MORE



Day 3:

BULLYING **STOPS** WHEN **RESPECT** BEGINS - (TtT)

- Anti-Bullying
 - CYBERBULLYING, VICTIM, BULLY, SCHOOL &
 - PARENTS
- Student Workbook - Exercises
 - EXERCISES: POWER STRUGGLES, PERCEPTIONS

